



10847 - BAF Lentil Penne, complete protein – 21g Protein per 100g portion, gluten free and vegan, 58 4oz servings per case, 2/5 lb pch

Legume based sides and more with lower fat and cost than many animal-based proteins. Authentic, simple ingredients, with no preservatives or artificial colors or flavors.

Brand: BAF



Nutrition Facts

40 servings per container

Serving size 2 oz (56g) Dry, About 3/4 Cup Prepared (56g)

Amount per serving
Calories 200

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 38g	14%
Dietary Fiber 3g	11%
Total Sugars 0.7g	
Includes 0g Added Sugars	0%

Protein 12g

Vitamin D 0.3mcg 2%	•	Calcium 0mg 0%
Iron 15mg 15%	•	Potassium 370mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional Claims: Gluten Free, Vegan, Kosher

General Description

Lentil Penne provides a plant-based protein food that also meets nearly all dietary restrictions and provides menu versatility through a wide variety of delicious sauce pairings. 21g of protein and 6g of fiber per 100g serving. Vegan, vegetarian, gluten free, and no artificial flavors, colors or preservatives. Yield 58, 4-oz servings per case (29 servings per pouch).

Packaging

GTIN	10011140108478	Case Gross Weight	10.60 LB
Pack Size	2 / 5LB	Case Net Weight	10 LB
Shelf Life	365 Days	Case L,W,H	13.18 IN, 9.43 IN, 6.61 IN
Tie x High	15 x 6	Cube	0.48 CF

Ingredients

Red Lentil Flour, White Rice, Pea Protein

Preparation and Cooking

1: Add 1 bag pasta to boiling water. Reduce heat to medium-high, stir occasionally. 2: Cook 9 minutes. (to desired tenderness) 3: Drain, rinse. [Alternate] To Precook: 1: Add 1 bag boiling water. Reduce heat to medium-high, stir occasionally. 2: Cook 5 minutes. (to desired tenderness) 3: Drain, rinse. 4: Chill in ice water, drain. Refrigerate covered. Reheat. Tips: Blanch for 30-60 sec or steam in perforated pan on high for 1-2 mins; Hold hot at 145°F until service.

Serving Suggestions

Pair Lentil Penne with your favorite sauce or in your favorite recipe for a delicious meal your patrons will love and the nutrition their bodies need.

Packaging and Storage

Store cool dry (less than 80 degrees F)