



**EXCELDOR**  
COOPERATIVE

## BREADED CHICKEN BREAST FILLETS

Each tender, juicy piece is made with whole muscle chicken breast which has been lightly breaded and perfectly seasoned delivering great taste, value and convenience.

EXCELLENCE SOURCE  
OF PROTEIN

PROUDLY PREPARED IN  
CANADA



LOW IN  
SATURATED FAT

Actual product may vary



# BREADED CHICKEN BREAST FILLETS

## BENEFITS

- ✓ Whole muscle – all breast meat
- ✓ Excellent source of Protein
- ✓ Low in saturated fat
- ✓ No Artificial ingredients or colours
- ✓ 0 Trans fat



## PRODUCT SPECS

PRODUCT CODE	41103
PORTIONS PER CASE	70-90 pieces
PORTION WEIGHT	44 g - 57 g
CASE WEIGHT	(2x2 kg) 4 kg
SHELF LIFE	365 days
ALLERGENS	Milk, Wheat, Soy

## INSPIRATION

Crispy Chicken Ranch wraps      Chicken Caesar Salad      Chicken Tacos

## COOKING AND STORAGE

Do not over fry. Preheat fryer to 177°C (350°F). Fry for 4-6 minutes or until fully cooked. Cook to a minimum internal temperature of 74°C (165°F). Remove the product from the fryer basket and let stand for 1-2 minutes before serving.

## INGREDIENTS

Chicken breast, Water, Toasted wheat crumb with spice extractives, Wheat flour, Vegetable oil, Wheat starch, Yellow corn flour, Salt, Modified milk ingredients, Modified corn starch, Soy protein isolate, Onion powder, Sugars (potato maltodextrin, dextrose), Modified palm oil, Spices and spice extractives, Corn dextrin, Garlic powder, Baking powder, Defatted soy flour, Methylcellulose, Silicon dioxide, Calcium silicate, Extractives of annatto, Guar gum.

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Per 3 pieces (125 g)	% Daily Value*
Pour 3 morceaux (125 g)	% Valeur quotidienne*
<b>Calories 220</b>	
<b>Fat / Lipides 7 g</b>	9 %
Saturated / saturés 1 g	
+ Trans / trans 0.1 g	6 %
<b>Carbohydrate / Glucides 24 g</b>	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 17 g</b>	
<b>Cholesterol / Cholestérol 45 mg</b>	
<b>Sodium 610 mg</b>	27 %
Potassium 250 mg	7 %
Calcium 20 mg	2 %
<b>Iron / Fer 2 mg</b>	11 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	