



gardein

**SUPRÊME**  
**CHICK'N**  
FILETS • FILETS DE  
**VÉGÉ-POULET**



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**SUPRÊME**  
**CHICK'N**  
NUGGETS • PÉPITES DE  
**VÉGÉ-POULET**

**BIG MEATY TASTE • PLANT-POWERED GOODNESS!**







# SUPRÊME CHICK'N

FILETS • FILETS DE VÉGÉ-POULET

Meat-free and marvelous. Sink your teeth into this crispy, breaded SUPRÊME™ Chick'n Filets, made to satisfy just like real chicken. Add to a bun with lettuce, tomato, vegan mayo, and all your favourite fast-food fix ins for the SUPRÊME™ Chick'n sandwich experience.

**Ingredients:** Water, Enriched flour, Wheat gluten, Vegetable oil, Soy protein isolate, Pea protein concentrate, Tapioca starch, Corn flour, Textured wheat protein (wheat gluten, wheat starch), Salt, Yeast extract, Garlic powder, Onion powder, Sugars (fructose), Pea protein, L-lysine, Paprika extract, Titanium dioxide, Spices, Natural flavours, Sodium bicarbonate, Citric acid, Methylcellulose, Dipotassium phosphate, Sodium phosphate, Xanthan gum, Vitamins and minerals (tapioca maltodextrin, magnesium oxide, ferric orthophosphate, niacinamide, zinc oxide, vitamin B12, calcium pantothenate, copper gluconate, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, folic acid). **Contains:** Wheat, Soy.



CRISPY CHICK'N DELUXE SANDWICH



PLANT-BASED ORANGE CHICK'N

1/3 of Canadians purchase plant based (spending 6% more than year ago)<sup>1</sup>

# SUPRÊME CHICK'N

NUGGETS • PÉPITES DE VÉGÉ-POULET

With an irresistibly crispy golden breading, our plant-based take on this childhood favourite cooks, looks, and tastes just like real chicken nuggets. The only question: Which dip to choose?

**Ingredients:** Water, Enriched flour, Wheat gluten, Vegetable oil, Soy protein isolate, Pea protein concentrate, Tapioca starch, Textured wheat protein (wheat gluten, wheat starch), Corn flour, Salt, Yeast extract, Garlic powder, Onion powder, Sugars (fructose), Pea protein, L-lysine, Paprika extract, Titanium dioxide, Spices, Natural flavours, Sodium bicarbonate, Citric acid, Methylcellulose, Dipotassium phosphate, Sodium phosphate, Xanthan gum, Vitamins and minerals (tapioca maltodextrin, magnesium oxide, ferric orthophosphate, niacinamide, zinc oxide, vitamin B12, calcium pantothenate, copper gluconate, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, folic acid). **Contains:** Wheat, Soy.

## MIGHTY GOOD MENU IDEAS

### PLANT-BASED ORANGE CHICK'N

Gardein® SUPRÊME™ Chick'n Nuggets, butter, cornstarch, orange (zested and juiced), soy sauce, rice vinegar, sesame oil, scallions, fresh ginger, fresh garlic, organic cane sugar

Nutrition Facts		Valeur nutritive	
Per 1 filet (142 g)		pour 1 filet (142 g)	
<b>Calories 290</b>		<b>% Daily Value *</b>	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 12 g			16 %
Saturated / saturés 1 g			6 %
+ Trans / trans 0.2 g			
<b>Carbohydrate / Glucides</b> 23 g			
Fibre / Fibres 1 g			4 %
Sugars / Sucres 1 g			1 %
<b>Protein / Protéines</b> 22 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 840 mg			37 %
Potassium 450 mg			10 %
Calcium 30 mg			2 %
Iron / Fer 8.5 mg			47 %
Thiamin / Thiamine 0.45 mg			38 %
Riboflavin / Riboflavine 0.225 mg			17 %
Niacin / Niacine 7 mg			44 %
Vitamin B6 / Vitamine B6 0.4 mg			24 %
Folate 25 µg DFE / ÉFA			6 %
Vitamin B12 / Vitamine B12 1.65 µg			69 %
Pantothenate / Pantothénate 0.8 mg			16 %
Magnesium / Magnésium 25 mg			6 %
Zinc 4 mg			36 %
Copper / Cuivre 0.09 mg			10 %

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Nutrition Facts		Valeur nutritive	
Per 8 pieces (125 g)		pour 8 morceaux (125 g)	
<b>Calories 240</b>		<b>% Daily Value *</b>	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 10 g			13 %
Saturated / saturés 1 g			5 %
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 19 g			
Fibre / Fibres 1 g			4 %
Sugars / Sucres 1 g			1 %
<b>Protein / Protéines</b> 20 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 720 mg			31 %
Potassium 400 mg			9 %
Calcium 20 mg			2 %
Iron / Fer 8 mg			44 %
Thiamin / Thiamine 0.4 mg			33 %
Riboflavin / Riboflavine 0.2 mg			15 %
Niacin / Niacine 6.5 mg			41 %
Vitamin B6 / Vitamine B6 0.4 mg			24 %
Folate 20 µg DFE / ÉFA			5 %
Vitamin B12 / Vitamine B12 1.55 µg			65 %
Pantothenate / Pantothénate 0.8 mg			16 %
Magnesium / Magnésium 20 mg			5 %
Zinc 4 mg			36 %
Copper / Cuivre 0.08 mg			9 %

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GTIN	Product Description	Pack Size	Distributor Item Code
842234409873	Gardein® SUPRÊME™ Chick'n Filets	1 x 4.53 kg	
842234498761	Gardein® SUPRÊME™ Chick'n Nuggets	1 x 4.53 kg	

<sup>1</sup>NielsenIQ Homescan, BM-TOTAL OUTLETS - National - Latest 52 Weeks - W. April 23 2022. © NielsenIQ. All Rights Reserved